

SUBSTANCE USE DISORDER

# OPEN GROUP



**FRIDAYS FROM 1 - 2:30PM**

Free weekly group for youth aged 11-25. Learn healthy coping skills through engaging activities focused on anger management & self-care including:

- Batting Cages
- Clay & Candle Making
- Kickboxing
- Hand & Foot Masks



Register online at:  
[kyfs.org/open-group](https://kyfs.org/open-group)

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