

# Parent Support

Wednesdays from 5pm - 6pm on Zoom



Parent Support Group is a free weekly group for parents and caregivers of youth under 25 who are experimenting or struggling with substance use.

Led by KYFS counselors, Parent Support Group provides parents with a safe space to share their experiences, discuss their concerns, and support one another while learning healthy coping skills.

Register online at [www.kyfs.org/sud-parent-group](http://www.kyfs.org/sud-parent-group)