

# 2022

## ANNUAL REPORT





**MISSION**

KYFS promotes healthy development of children, youth and families in South King County by providing professional counseling, education and support services.

**STATEMENT OF VISION**

Helping youth and families achieve their goals for a better future.

**VALUE STATEMENT**

Equity and cultural inclusion, accountability, partnering, advocacy, and responsive to clients and community.

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# MESSAGE FROM THE AGENCY..

We would like to give our sincerest gratitude to those who have supported Kent Youth and Family Services throughout our 52 years of serving South King County. We thank you for all you've done to help grow our agency, allowing us to continue bringing hope and change to our community. Our board of directors, including Board President, Cynthia Boyd, the KYFS staff, and the children we serve all thank you.

Throughout the pandemic, behavioral healthcare needs have increased significantly among youth, as they are experiencing higher and more complex levels of mental health concerns. The community KYFS serves, primarily low-income and BIPOC youth and families, including immigrants and refugees, have faced long-standing disparities in both physical and mental health. We responded to this increased need and continued to offer both in-person and virtual services to our clients, continuing our partnership with the Kent School District by providing school-based services, allowing us to reach as many youth as possible.

Our joint After School/Behavioral Health pilot program, funded through HealthierHere, kicked off this year, and will be working to provide comprehensive mental health and well-being supports for After School participants, by providing community education, expressive arts groups, and After School staff training on mental health awareness and resources. It is our goal that, through this program, youth will have the resources and support necessary to strengthen and grow their social-emotional skills, to become more resilient and well.

The Early Learning and After School programs were able to welcome back students full-time to give them a safe place to learn and grow socially once again. The homework help and literacy programs we offer have helped to combat some of the learning loss that students experienced over the past 2 years.

We're so thankful to be able to continue to serve these young people and help them look toward a brighter future with your support. None of our success would be possible without the generosity of people like you in our community.

# BEHAVIORAL HEALTH

The KYFS behavioral health program is continuing to provide flexible services for clients by utilizing telehealth and in-person services, as well as continuing our partnership with the Kent School District where we have provided behavioral health services in several schools, which allows us to overcome transportation and access-to-service barriers by seeing children and youth at school.

## MENTAL HEALTH SERVICES

The Youth, Family, & Co-Occurring Counseling program at KYFS provides counseling services for infants, toddlers, youth up to age 25, and families throughout Kent and surrounding communities. Our program is dedicated to those seeking help by creating services that are compassionate, effective, efficient, and culturally informed.

## SUBSTANCE USE DISORDER SERVICES

Our youth-centered approach to treatment services creates a welcoming and supportive environment for clients and families struggling with substance use. By offering a judgment free treatment experience to clients and families, and a positive approach to recovery, we empower our clients to practice the skills necessary to replace use of substances with healthier coping skills, make thoughtful decisions, and achieve their goals. Substance Use Disorder staff work with clients to improve relationships, improve academic performance, learn important life skills for a successful transition into adulthood, and build a peer-group supportive of abstinence and prosocial behaviors.

The Back on Track program is for those clients who don't have a diagnosis. In these cases, SUD counselors give education instead of treatment. Sessions can include topics such as drug and alcohol education, anger management, communication styles and coping skills.



# PROGRAM HIGHLIGHT: OKAY! GROUP

OKAY! is an open support group for youth ages 13–19 who each week identify as LGBTQ +. Our goal is to provide a community space where it’s OKAY to be you!

To serve LGBTQ+ youth in South King County in 2022, the OKAY! Group, facilitated by mental health counselors, met for in-person groups each Wednesday and were able to begin going on social outings again. The primary focus for 2022 was to continue to hold a safe space for participants to connect, feel supported, and express themselves freely through discussion, art, and other activities. The OKAY! group served 15 LGBTQ+ youth throughout this year.

760

BEHAVIORAL HEALTH  
CLIENTS SERVED

8,438

DIRECT  
COUNSELING  
HOURS

89%

OF CLIENTS REPORTED

IMPROVEMENT  
IN FAMILY AND  
SUPPORTIVE  
RELATIONSHIPS

86%

OF CLIENTS REPORTED  
PROGRESS  
TOWARDS THEIR GOALS



# EARLY LEARNING

In 2022 we served 627 preschool children throughout Kent and Covington, 28 were homeless, 442 were non- or limited English speaking and 42 identified with a disability. Eighty-Five percent of the children enrolled in our early learning programs identify themselves as of-color.

The teachers planned lessons that supported the individual child’s skill development. Family Support Specialists provided weekly community resources and talked with parents to identify and support the family’s ongoing needs. The Family Support staff supported the families in setting goals for themselves and provided encouragement and resources to support them in taking steps towards achieving these goals.

94%

OF STUDENTS SHOWED GAINS IN  
KINDERGARTEN READINESS  
TEACHING STRATEGIES GOLD ASSESSMENT

# AFTER SCHOOL PROGRAM

In 2022, the KYFS After School program continued providing a safe place for youth to engage in academic, enrichment, physical, and social skill activities with caring adult role models.

## This year's highlights include:

- 75% of regularly participating youth (2-3 times per week) improved math and reading comprehension, as reported by iREADY assessments, these diagnostic assessments are taken every 6 months, and adjusts its questions based on student knowledge to determine how best to support each student's learning.
- FEED (Fortifying Education Enrichment & Development) program successfully finished the fourth year of programming thanks to funding from Best Starts For Kids. The program draws together partnerships between Communities Rooted in Brilliance, YMCA, and KYFS.
- Our Summer Splash summer reading program helps eliminate summer reading loss. After School is diligent in increasing literacy levels for its participants.

52%

TOTAL PARTICIPANTS WHO  
IMPROVED READING SCORES  
BY ONE GRADE LEVEL OR MORE

59%

TOTAL PARTICIPANTS WHO  
IMPROVED MATH SCORES  
BY ONE GRADE LEVEL OR MORE

OVER  
2,500  
HOURS OF  
COMPUTER  
LAB TIME

OVER  
2,300

HOURS OF  
TUTORING &  
HOMEWORK HELP

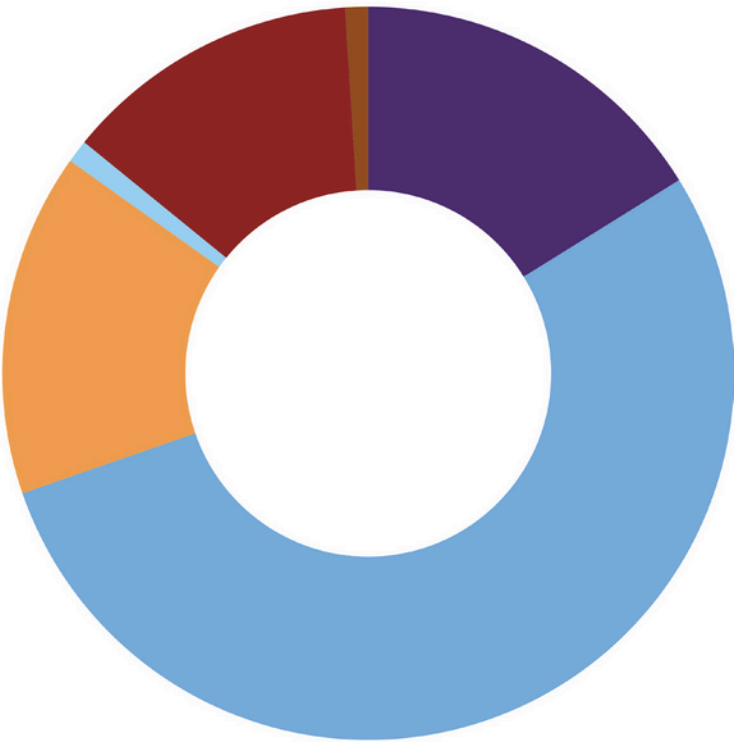
98%

S U C C E S S   R A T E  
K I N D E R G A R T E N   A C A D E M Y  
P A R T I C I P A N T S

51 FAMILIES

R E C E I V E D   A D D I T I O N A L  
S E R V I C E S   A N D  
R E F E R R A L S

# FINANCIALS

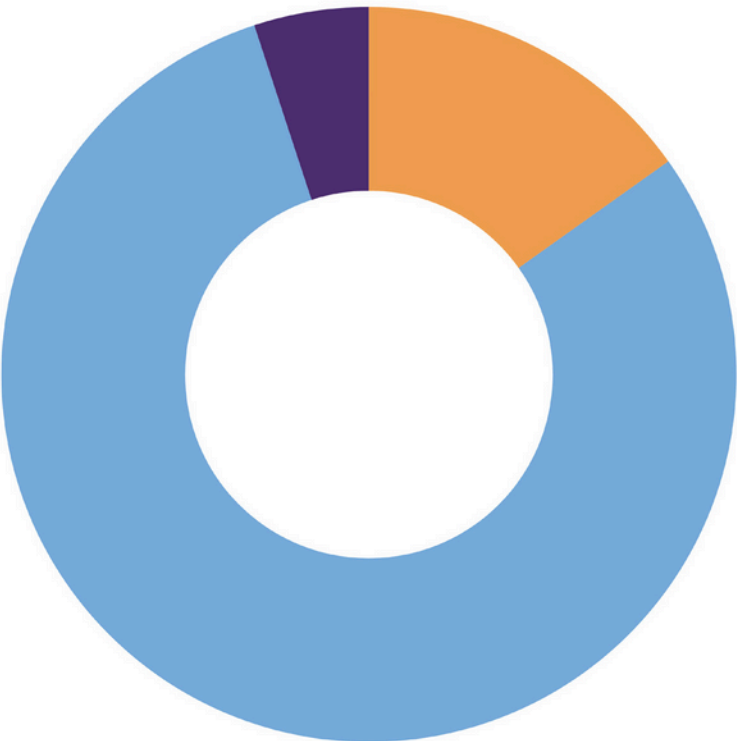


## EXPENSES

Percentages rounded to the nearest whole number.

- Clinical: 16%
- Early Childhood Education: 53%
- Community Based: 15%
- Development: 1%
- Administration: 13%
- Depreciation: 1%

TOTAL: \$7,141,534.72



## REVENUE

Percentages rounded to the nearest whole number.

- Contributions: 5%
- Government Agencies, Grants and Program Fees: 79%
- Donated Goods & Services: 15%

TOTAL: \$7,360,119.37

# OUR TEAM

SUE CAMOU ARRANT, *Interim Executive Director*

BRIAN HUGHES, *Director of Operations*

LILY STELLMON, *Director of Social Impact/  
Director of Operations*

STACIA RUSSELL, *Director of Finance*

CYOON MCBRIDE, *After School Director*

THERESA LARONDE, *Early Learning Director*

BRENDA ROGERS, *Mental Health Director*

## OUR BOARD

PRESIDENT: Cynthia Boyd  
*Marketing Manager, Kent Station*

1ST VICE PRESIDENT: Brandy Reed  
*Liaison Nurse, Kaiser Permanente*

2ND VICE PRESIDENT: Brian Smith  
*Athletics & Activities Director, Kent School District*

TREASURER: Hira Singh Bhullar  
*Manager of Application Development, Starbucks Coffee Company*

SECRETARY: Vicki Foege  
*VP Northwest Program Officer, Global Philanthropy, JP Morgan Chase*

PAST PRESIDENT: Lesley Hogan  
*VP of Human Resources, Renton Technical College*

*36% of current board memberships are persons of color and/or cultural diversity. Ten women and four men.*

## AT-LARGE MEMBERS

Hannah Chelimsky  
*Associate Attorney, Curran Law Firm*

Alisa Abraham  
*Community Member*

Mike Mathews  
*VP/Branch Manager, Banner Bank*

Rafael Padilla  
*Chief of Police, City of Kent*

Jane Prestbye  
*Retired, Lead Pastor, Kent Lutheran Church*

Claire Eaton  
*Student, Kent School District*

Shukri Olow  
*King County Department of Community and Human Services*

Rona Popp  
*Kent School District, Student and Family Support Services  
Director of Categorical Programs*

***Volunteers:*** *We would like to send a heartfelt thank you to all our volunteers in 2022. We truly could not do what we do without you!*

# SUPPORTERS

## INDIVIDUALS

Alisa Abraham  
Gracy Abraham  
Jeff Arnold  
Parker Barnett  
Stephanie Barringer  
Wade Barringer  
Cynthia Boyd  
Kory Brooks  
Susan Brown  
Vivian Bruns  
Tara Buchan  
Kim Bui  
Sue Camou Arrant  
Carla Camou  
Judith Camou  
Keri Campbell  
Michael Ching  
Cheryl Cole-Hurst  
Cris Conlan McCartin  
Katherine Cooper  
Racheal Cortner  
Frank Crosswhite  
Michelle Davis  
Wade Davis  
Carla Dean  
Ashvin Deodhar  
Dione Dittmar  
Dave Domholt  
Lisa Drouin  
Hao Duong  
Mary Durham  
Todd Durham  
Michele Edwards  
Ali Egal  
Steve & Shari Elsoe  
Raymond Espinoza  
Michelle Ferguson  
Richard Finger  
Jo Fox Burr  
Amy Fox  
Haigh & Mary Fox  
John Fox  
Jon Fox  
Nathan & Heather Fox  
Sandra Friedman  
Cobe Greene  
Greg Haffner  
Kathleen Hall  
Leslie Hamada  
Merina Hanson

Randy Heath  
Mike & Gail Heinisch  
Janice Helgeson  
Don & Sue Herner  
Dennis Higgins  
Lynne Hill  
Thi Hoang  
Janet Hoffman  
Rachelle Hoffman  
Lesley Hogan  
Sue Holt  
Tony Hudgins  
Steven Huff  
Brian Hughes  
Mike Ironside  
Sylvia James  
John Hinds & Amy Cadwell  
Stacy Judd  
Martin Kalule  
Anna Kenney  
Lorena King Palmer  
Susan Kipper  
Bridget Klee  
Jennifer Klein  
Nancy Knoll  
Terry Knutson  
Donna Kostanoski  
Dawn Lake  
Theresa LaRonde  
Kyle Le Mieux  
Greg & Mary Leach  
Sally Linebarger  
Linda Martinez  
Mike Mathews  
Kevin Mayher  
Donald McAtee  
Cyoon McBride  
Jody McCaw  
Proctor McCaw  
Michelle McCormick  
Philip Minami  
David Moerdyk  
Karri Montague  
Paige Morris  
Mark Myser  
Jeff Neumeister  
Bill & Carolyn Nirk  
Stephanie Nored  
Stacy Nowacki Judd  
Janice Oppliger  
Tina Orwall  
Hazelmae Overturf  
Raf & Tracey Padilla

Teresa Pahrman  
Paula Painter  
Faifaalilo Palega  
Lilo Palega  
Ronda Parkinson  
Patty Pedrini  
Stephanie Pender  
Cathy Peterson  
Heather Peterson  
Jim & Lanette Peterson  
Apostolos Petros Vlachos  
Alice Pfaff  
Caitlyn Piscioneri  
Randy & Rona Popp  
Brian Porter  
Ruthie Prasil  
Fergus & Jane Prestbye  
Dana Ralph  
Keiley Ramseur  
John Reardon  
Brandy Reed  
Jessica Richmond  
Patricia Robinson  
Brenda Rogers  
Stacia Russell  
Marianne Ryerson  
Elizabeth Scharnhorst  
Christina Schuck  
Rita Schwarting  
Rochelle Seaton Garcia  
Dave Seidel  
Shawn Sheller  
Chelsea Shure Lientz  
Cheri Simpson  
Stephanie Sinclair  
Hira Singh Bhullar  
Jobhan Singh Randhawa  
Brian Smith  
Bill & Cindy Stellmon  
Patrick & Lily Stellmon  
Donald & Joy Stewart  
Linda Stockham  
Claire Sund  
Alan Sutliff  
Matthew Tatoczenko  
Anthony Taylor  
Lauren Thielman  
Justin Thornton  
Penni Thorpe  
Julie Timm  
Sam Umporowicz  
Unjoo VanderWouden  
Sarah Veele

Israel Vela  
Pam Vigil  
James Vosper  
Jennifer Wagner  
Jordan Wagner  
Carol Wartman  
John Waterstraat  
Iris Watson  
Quinton Weigner  
Sandra Westman  
Patricia White  
Christiana Williams  
Jeanne Williams  
Randall Wilson  
Jay Woo  
Judy Woods  
Scott Wyatt  
Jinja Yutzky

## ORGANIZATIONS

A-1 Pallets Inc  
All City Fence Co. - Koch Holdings, Inc.  
AmazonSmile  
Banner Bank  
BECU Neighborhood Financial Center  
Curran Law Firm Seattle Foundation - Pete & Pat Curran Family Fund  
Fidelity Charitable Fireside Home Solutions  
Fleck Family Foundation  
Givinga Foundation  
HealthierHere  
Hempler Foods Group - Isernio's  
Hilde Pfurtscheller Endowment Fund  
Kaiser Permanente Cooperative Foundation  
Kelley Imaging Systems  
Kent Lutheran Church  
Kent Station  
Kiwanis Club of Kent Kroger / Fred Meyer

Laird Norton Family Foundation  
Liberty Mutual Foundation  
Neil Walter Company KV, LLC  
Northwest Welding & Gases  
Pinnacle Printing Foundation  
Puget Sound Energy  
Rotary Club of Kent  
Rotary Club of Kent Sunrise Foundation  
Seattle Times Fund for Those in Need  
The Blackbaud Giving Fund  
The GoodCoin Foundation - Target Circle  
United Way of King County  
University Christian Church Legacy Foundation  
Vanguard Charitable  
We Love Kent  
Wich Came First, LLC

# THANK YOU

to those of you that have donated through online fundraisers, The One Thing Experience, and through employee giving. We appreciate your support and we cannot do our work without you!

*We apologize if your name is not represented above.*





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