

# • 2021 • ANNUAL REPORT





## **MISSION**

KYFS promotes healthy development of children, youth and families in South King County by providing professional counseling, education and support services.

## **STATEMENT OF VISION**

Helping youth and families achieve their goals for a better future.

## **VALUE STATEMENT**

Equity and cultural inclusion, accountability, partnering, advocacy, and responsive to clients and community.

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# MESSAGE FROM THE AGENCY..

To those who have supported Kent Youth and Family Services throughout the years, we thank you for all you've done to help grow our agency, allowing us to continue bringing hope and change to our community. Our board of directors, including Board President, Lesley Hogan, the KYFS staff, and the children we serve all send our sincerest gratitude.

As you know, 2021 was not without some unique challenges. We had to find new and innovative ways to help the youth and families of the South King County area and keep everyone safe while doing so. Our behavioral health team offered flexible services for clients by utilizing telehealth and in-person services, as well as continuing our partnership with the Kent School District where we have provided services in several schools, which allowed us to overcome transportation and access-to-service barriers by seeing children and youth at school and worked to upgrade processes and systems to accommodate this flexible care model, including a new electronic health records system, which began in September of 2021.

Our Early Learning and After School programs also faced unprecedented circumstances due to the pandemic and continued to innovate and find new ways of reaching children and their families. Parents expressed concern about their children's learning difficulties due to being out of the classroom so our After School program placed a large focus on homework help and STEAM workshops. To help rebuild a sense of community, we also held a number of family engagement activities, including an art walk and handing out turkey boxes for Thanksgiving.

As we look forward to 2022, we are thankful for everyone who came together during these challenging times to offer support to the young people that we serve.



# BEHAVIORAL HEALTH

## MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES

The Youth, Family & Co-Occurring Counseling program at KYFS provides counseling services for infants, toddlers, youth up to age 25, and families throughout Kent and surrounding communities. Our program is dedicated to those seeking help by creating services that are compassionate, effective, efficient, and culturally informed.

The KYFS behavioral health program is continuing to provide flexible services for clients by utilizing telehealth and in-person services, as well as continuing our partnership with the Kent School District where we have provided behavioral health services in several schools, which allows us to overcome transportation and access-to-service barriers by seeing children and youth at school.

In 2021, our behavioral health team worked to upgrade processes and systems to accommodate this flexible care model, including a new electronic health records system, which began in Sept 2021. This allows us to pull reliable data, increasing efficiency, and provide automated services such as paperless faxes to coordinate care with other providers.

In-person & telehealth services include: SUD individual and family counseling, SUD assessments, SUD education/intervention groups, mental health individual and family counseling, and our OKAY! Group for LGBTQ+ youth. The OKAY! Group continues to include youth from across Pierce & King Counties.

In schools, in-person services include: Screening, Brief Intervention, and Referral to Treatment (SBIRT) services in 4 Kent high schools with extension services to Kent Middle Schools, and Mental Health counseling services are available in 4 Kent schools (2 elementary, 1 middle, and 1 multi-age school).

**360**

**CLIENTS  
SERVED**

**3,511**

**COUNSELING  
HOURS**

**662**

**CASE  
MANAGEMENT  
HOURS**

**106**

**PARTICIPANTS  
QUALIFIED TO BE  
MEASURED FOR  
SUCCESS  
OUTCOMES**

**90**

**PARTICIPANTS  
ACHIEVED THEIR  
OUTCOMES**  
(attained 67% or more of  
treatment goals)  
**85% ACHIEVED GOALS**

A woman with curly hair, wearing a white cardigan, is sitting on a yellow beanbag chair and reading a book to two young children. One child is a girl with blonde hair in a ponytail, and the other is a boy with dark hair. They are in a classroom setting with a alphabet poster on the wall.

## EARLY LEARNING

In 2021, the Head Start and ECEAP preschool programs were still dealing with some of the concerns brought about due to Covid. The staff and children were required to wear masks and ensure extra sanitation procedures were being followed including frequent handwashing. The staff continued to adapt to the pandemic to ensure that families were supported and engaged.

Due to being at home during covid and children not having opportunities to play and socialize with others, the skills assessment data indicated that the children were below expectations in their social/emotional and problem-solving skills development. The teachers partnered with families to plan for lessons and activities that supported each child's skill development and encouraged families to continue working with their child on their skills while at home. Weekly links were sent out to the families of online learning activities that aligned with the curriculum, and specific links to support each child's individualized learning goals.

Family Support Specialists provided weekly community resources and talked with parents to identify and support the family's ongoing needs. The Family Support staff supported the families in setting goals for themselves and provided encouragement and resources to support them in taking steps towards achieving these goals. In addition to regular services, Early Learning staff provided Covid-related information and supplies to families as part of our on-going COVID response.

**WE SERVED**  
**628**  
**CHILDREN**

*17 were homeless, 263 were non- or limited English speaking  
and 22 identified with a disability.*

# AFTER SCHOOL PROGRAM

This year the KYFS After School program continued to provide caring adult role models and a safe place for youth to engage in academic, enrichment, physical, and social skill activities.

***This year's highlights include:***

## 75%

**OF REGULARLY PARTICIPATING YOUTH (2-3 x per week)  
IMPROVED MATH AND READING COMPREHENSION**

*As reported by iREADY assessments, these diagnostic assessments are taken every 6 months, and adjusts its questions based on student knowledge to determine how best to support each student's learning*

- FEED (Fortifying Education Enrichment & Development) program successfully finished the third year of programming thanks to funding from Best Starts For Kids. The program draws together partnerships between Somali Youth & Family Club, Communities Rooted in Brilliance, YMCA, and KYFS.
- The program works to create environments where everyone has equitable opportunities to be safe and healthy as they progress through childhood, building academic and life skills to be thriving members of communities.
- Summer Splash summer reading program helps eliminate summer reading loss. 37% of youth served were initially two or more grade levels behind in reading levels. Post assessment data showed that only 27% of youth are now two or more grade levels behind in reading. Programs are moving the needle, but After School is diligent in increasing literacy levels even further.





# WATSON MANOR

## WATSON MANOR TRANSITIONAL HOUSING

The Watson Manor Transitional Living Program provides 18 months (and up to six additional months if deemed necessary) of transitional housing and support services to a culturally diverse population of single, homeless, extremely low-income teenage and young adult mothers and their children. The target age range at the time of program entry is 16 to 24 years old. Program participants receive a furnished apartment in Watson Manor, and are offered support designed to help them build parenting skills, address education and employment goals, health and wellbeing services, and overcome housing barriers in order to secure permanent housing. This year, we began offering an Incredible Years behavioral health class specifically for Watson Manor mothers through our Behavioral Health program.

Key partnerships for Watson Manor including the King County Nurse Family program, Legal Counsel for Youth and Children, which supported several of our clients, and Eastside Baby Corner, who provided diapers, safety gear, and other baby items for not only Watson Manor but the Kent community at large through a weekly distribution event at Kent Youth and Family Services.



**7**  
HOMELESS  
MOTHERS

**&**

**7**  
HOMELESS  
CHILDREN

**WERE SERVED  
IN 2021**

## HOMELESSNESS PREVENTION

This is one of the first programs in South King County that offers services to families on the brink of homelessness. We provide progressive case management tailored to each client based on the needs and goals they identify.

**28**  
INDIVIDUALS

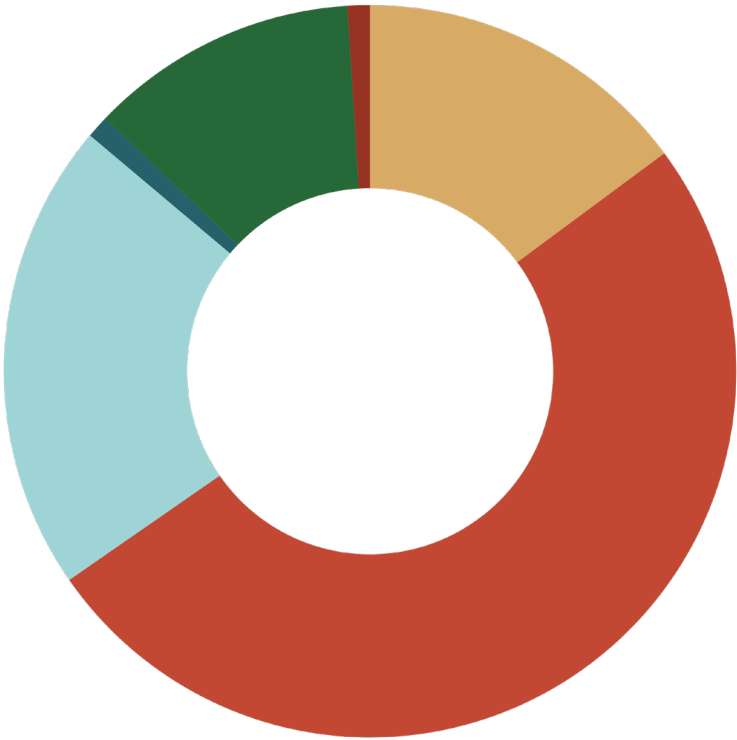
**&**

**21**  
HOUSEHOLDS

**RECEIVED PROGRESSIVE  
CASE MANAGEMENT  
SERVICES IN 2021**

**190** CASE MANAGEMENT SESSIONS • **1,727** HOUSEHOLD BED NIGHTS

# FINANCIALS

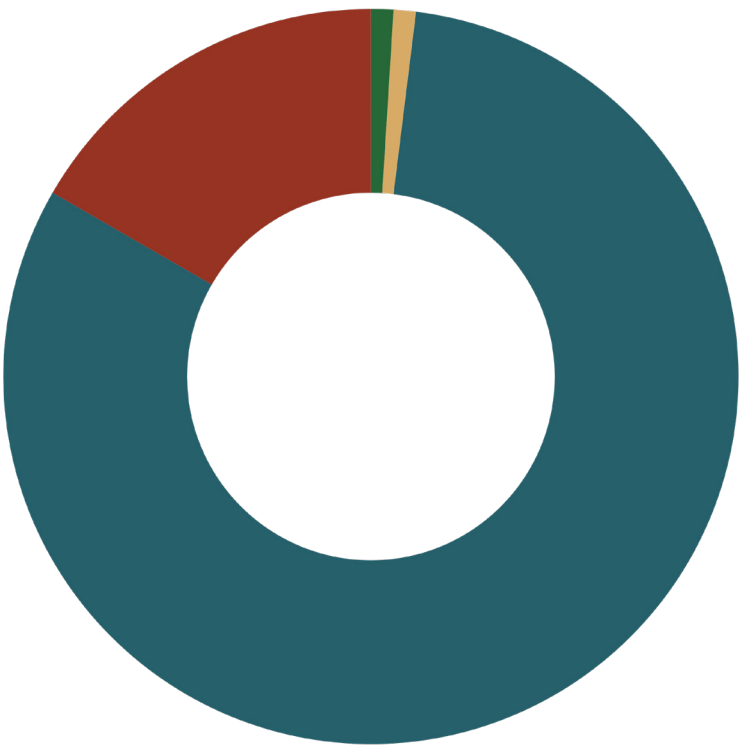


## EXPENSES

Percentages rounded to the nearest whole number.

- Clinical: 15%
- Early Childhood Education: 51%
- Community Based: 21%
- Development: 1%
- Administration: 12%
- Depreciation: 1%

**TOTAL: \$6,939,222**



## REVENUE

Percentages rounded to the nearest whole number.

- Contributions: 17%
- Government Agencies, Grants and Program Fees: 83%
- Donated Goods & Services: <1%
- Other Revenue: <1%

**TOTAL: \$5,329,547**



# OUR TEAM

**SUE CAMOU ARRANT**, *Interim Executive Director*

**MICHELLE HANKINSON/BRIAN HUGUES**, *Director of Operations*

**LILY STELLMON**, *Director of Fund Development and Community Relations*

**STACIA RUSSELL**, *Accounting Manager*

**CYOON MCBRIDE**, *After School Director*

**THERESA LARONDE**, *Early Learning Director*

**BRENDA ROGERS**, *Mental Health Director*

## OUR BOARD

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**PRESIDENT: Lesley Hogan**  
*Executive Director Human Resources*  
*Renton Technical College*

**1 ST VICE PRESIDENT: Rona Popp**  
*Kent School District, Student and Family Support Services*  
*Director of Categorical Programs*

**2ND VICE PRESIDENT: Cynthia Boyd**  
*Marketing Manager, Kent Station*

**TREASURER: Hira Singh Bhullar**  
*Starbucks Coffee Company,*  
*Senior Software Developer*

**SECRETARY: Vicki Foege**  
*HomeStreet Bank, Community Relations Manager*

**PAST PRESIDENT: Brandy Reed**  
*Kaiser Permanente Kent Clinic*  
*Medical Center Manager*

47% of current board memberships are persons of color and/or cultural diversity. One member is a high school student; with ten women and five men.

## AT-LARGE MEMBERS

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**Jane Prestbye**  
*Pastor, Kent Lutheran Church, Pastor*

**Rafael Padilla**  
*Kent Police Department Chief*

**Israel Vela**  
*Chief School Operations & Academic Support Officer*  
*Kent School District*

**Michael Matthews**  
*Banner Bank - Kent Branch, VP/Branch Manager*

**Alisa Abraham**  
*Community Member*

**Sam Chalfant**  
*Curran Law Firm*

**Luke Foege**  
*Kent School District Student*

**Shukri Olow**  
*King County Department of Community and Human Services*

**Alyson Flores**  
*Community Member*

## HONORARY MEMBERS

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**Julia Patterson**  
*King County Council Member, Retired 5th District*

**Theresa Ahern**  
*Curran Law Firm, Partner Attorney*

**Margaret Whitney**  
*Kent School District, Retired*

**Linda Cattey**  
*Community Volunteer*

**Brenda Fincher**  
*Holy Spirit Church*

**Pat Sullivan**  
*Washington State Legislature, 47th District Representative*

**Steve Strachan**  
*Bremerton Chief of Police*

**Volunteers:**  
*We would like to send a heartfelt thank you to all our volunteers in 2021. We truly could not do what we do without you.*

# SUPPORTERS

## INDIVIDUALS

Alisa Abraham	Merina Hanson	Paula Painter
Gracy Abraham	Nicole Hanson	Patty Pedrini
Anissa Anderson	Michelle Hardin-Pineda	Cathy Peterson
Jason Anderson	Margaret Hart	Alice Pfaff
Stephanie Antipov-Kennedy	Randy Heath	Lana Phillips
Jeff Arnold	Mike Heinisch	Randy & Rona Popp
Carol Barber	Don & Sue Herner	Brian Porter
Sharon Bersaas	Mykkah Herner	Jane Prestbye
Brenna Bowman	Erin Hersey	Dana Ralph
Cynthia Boyd	Dennis Higgins	Brandy Reed
Sarah Boye	Lesley Hogan	Marti Reeder
Lisa Bozeman	Cindie Hollis	Michele Rocky
Edwin Brazil	Tony Hudgins	Patrick Rodgers
Lee Briggs	Steven Huff	Jeremy Rogers
Roberta Brooks	Ghalib Hussein	Marianne Ryerson
Susan Brown	Dione Idleman Ditter	Kim Sando
Kim Bui	Kristi James	Keri Scarff
Sue Camou Arrant	Sylvia James	Elizabeth Scharnhorst
Carla Camou	Kelly Jennings	Christina Schuck
Judith Camou	Allyson Johnson	Aaron Schuler
Marlene Carter	Lyn Johnson	Karin Schyleman
Sam Chalfant	Shannon Kalvig	Dave Seidel
Michael Ching	Megan Keliikupakako	Shawn Sheller
Michelle Chinn Inaba	Erica Kiesler	Christi Sifri
Robert Cole	Gini King	Louise Simpson
Cris Conlan McCartin	Rick King	Hira Singh Bhullar
Katherine Cooper	Bridget Klee	Gurleen Singh
Sean Cooper	Donna Kostanoski	Bill and Cindy Stellmon
Lauren Craig	Deanna Kumar	Lily Stellmon
Jessica D Rojas	Carolyn Lagrone	Glenn Stieneke
Galen Doud	Tori Lambert	Anna Stoner
Mary Durham	Wendy Langen	Cynthia Thomas
Ali Egal	Stacey Long Collins	Penni Thorpe
Steve & Shari Elsoe	Mary Loop	Judy Tobin
Kenlyn Emerson	Linda Martinez	Tara Vagen
Linda Emoto	Katherine Matos	Tammy Vaught
James Endicott	Dodgy Matty	Sarah Veele
Michelle Ferguson	Michelle McCormick	Jessy Warmington
Vicki Foege	Brenda McDonnell	Carol Wartman
Thomas Foley	Zandria Michaud	Kim Waterstraat
Jo Fox Burr	Jeff Middleton	Iris Watson
Amy Fox	Philip Minami	David Wells
Haigh & Mary Fox	David Mitchell	Sandra Westman
Heath Sharpless	Susan Mitchell	Patricia White
Julie Richman Fox	David Moerdyk	Caroline Whitlock
Nathan & Heather Fox	Mike Molina	Brian Williams
Paula Frederick	Cecile Mosbarger	Randall Wilson
Rosalie Givens	Jeff Neumeister	Shirley Wise
Michelle Gjersee McDowell	Bill & Carolyn Nirk	Kathleen Wolf
Krista Goodman	Stacy Nowacki Judd	Holly Woo
Cobe Greene	Patrick O'Connor	Jay Woo
Lori Guilfoyle	Shukri Olow	Kimberley Wood
Greg Haffner	Janice Oppliger	Judy Woods
Sherry Hamilton	Raf & Tracey Padilla	Rochelle & Scott Wyatt
Mary Hanke	Teresa Pahrman	Jinja Yutzy

## ORGANIZATIONS

All Pro Building Maintenance  
 AmazonSmile  
 Amerigroup  
 Banner Bank  
 BECU Neighborhood Financial Center  
 Best Starts for Kids Campaign  
 Charities Aid Foundation of America (CAF)  
 Charity on Top Foundation  
 City of Kent  
 Curran Law Firm  
 Eastside Baby Corner  
 FB-CPA Group  
 Fidelity Charitable  
 Fireside Home Solutions  
 Fleck Family Foundation  
 HealthierHere  
 HomeStreet Bank  
 Hypertherm Hope Foundation  
 Joshua Green Foundation  
 Kaiser Permanente Cooperative Foundation  
 Kent Lutheran Church  
 Kent Station  
 King County Community & Human Services  
 King County Employee Giving Program  
 King County Housing Authority  
 Kiwanis Club of Kent  
 Kroger / Fred Meyer  
 Laird Norton Family Foundation  
 Laurel Law Group  
 Maddock & Associates  
 Medina Foundation  
 Melissa Ponder Consulting  
 National Recreation and Park Association  
 PAC Match  
 Pampered Chef  
 Pinnacle Printing Foundation  
 Puget Sound Energy Foundation  
 Rotary Club of Kent  
 Rotary Club of Kent Sunrise Foundation  
 Seattle Foundation  
 Seattle Times Fund for the Needy  
 Stagg's  
 Sweet Themes Bakery  
 The Blackbaud Giving Fund  
 The Madison Team  
 The TJX Foundation  
 Tisbest Philanthropy  
 Trish's Survival Log  
 United Way of King County  
 University Christian Church Legacy Foundation  
 Vanguard Charitable  
 We Love Kent  
 YMCA – Kent

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# THANK YOU

to those of you that have donated through online fundraisers, The One Thing Experience, and through employee giving. We appreciate your support and we cannot do our work without you!

*We apologize if your name is not represented here.*







**Kent Youth and  
Family Services**

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