we work for them.
MISSION
KYFS promotes healthy development of children, youth and families in South King County by providing professional counseling, education and support services.

STATEMENT OF VISION
Helping youth and families achieve their goals for a better future.

VALUE STATEMENT
Equity and cultural inclusion, accountability, partnering, advocacy, and responsive to clients and community.

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On behalf of Kent Youth and Family Services Board of Directors and President, Brandy Reed, KYFS staff and volunteers, and most importantly the children, youth and families who enter the many doors of KYFS, “thank you” to each of you for your support of KYFS throughout 2018.

From our humble beginnings in 1970 as a volunteer operated drop in center in downtown Kent to 48 years later, KYFS is still centered in downtown Kent, but our reach extends across Kent and Covington, throughout the Kent School District. We serve some 10,000 children, youth and families in Kent schools, three youth centers, a ten unit transitional housing apartment building and seven early childhood education sites, getting our community’s youth ready for their successful futures. In many circles the phrase success from “cradle to college and career” is uttered for the variety of prevention, intervention, education, recreation, social/emotional growth, and family support services we all need along our paths to adulthood. KYFS is along that path of cradle to college and career from infant mental health, early childhood education, after school youth support, behavioral health treatment and transitional housing for homeless young moms. In addition, the 100+ KYFS staff participate in local and regional work groups, commissions, coalitions and boards, working regularly on how to make changes that enhance the cradle to college and career journey of every child. Doing this work with so many other community based organizations partners, we know our impact collectively is providing a better today and a better future for all of us.

A community based organization cannot be successful without the support of the local community. At the organizational level, that support is demonstrated by the KYFS governing Board of Directors. The 15 members of the Board of Directors represent diversity of ethnicity, culture, age, gender orientation, expression of faith, and professions. That is Kent and Covington of 2018. They are ambassadors for KYFS in the community, looking for ways KYFS might respond to emerging needs. Youth and Family Homelessness Prevention and Commercially Sexually Trafficked Children case management services are two examples of needs in recent years identified by KYFS board members and now established programs of KYFS. In addition to all the board members bring, they have fiduciary duty, holding legal, financial and ethical responsibility in their KYFS governance role. In this position of support for KYFS, they each put their personal and professional reputations on the line. I encourage you to make note on the roster of KYFS board members in this 2018 annual report. Take a moment to say “thank you” the next occasion you happen to see or meet a KYFS board member.

Within this 2018 annual report you will find various highlights for each of the KYFS programs. KYFS continues to position itself for the many years to come as we quickly approach our 50 year celebration in the communities of South King County in 2020.

MIKE HEINISCH
Executive Director

“It is a privilege and honor to serve as current Board President for the KYFS Board of Directors. The services KYFS offers and supports in the community are integral to developing the future of Kent. Educating the community about tolerance and equality for all who live here, while respecting one another is crucial to ensuring a healthy community to thrive in.”
- Brandy Reed, Board President
Watson Manor

**WATSON MANOR TRANSITIONAL HOUSING:**

The Watson Manor Transitional Living Program provides up to 18 months (and up to six additional months if deemed necessary) of transitional housing and support services to a culturally diverse population of single, homeless, extremely low-income teenage and young adult mothers and their children. The target age range at the time of program entry is 16 to 25 years old. Each young mother is parenting one to two children or is at least six months pregnant. Program participants receive a furnished apartment in Watson Manor, a small apartment building, and are offered support services designed to help them overcome housing barriers and secure permanent housing. 18 homeless mothers and children were served during 2018, five of which were immigrants. 100% of all residents that exited the program during 2018 moved into permanent housing upon exit.

During 2018 Watson Manor replaced all windows and screens throughout the building, generously made possible by a grant from the Employees Community Fund of Boeing Puget Sound. The thermal pane windows and vinyl frames have increased energy efficiency, reduced energy costs for KYFS and Watson Manor’s residents, and enhanced the facility’s appearance, both inside and out.

Watson Manor receives government funding as well as support from local service clubs, businesses, and individual donors.

**OKAY!**

May 2018 kicked off the beginning of our OKAY! group.

*Proud to be openly OKAY! OKAY to Feel…OKAY to Love…OKAY to Be…*

OKAY! is an open support group for youth ages 13–19 who identify as LGBTQ+. Our goal is to provide a community space where it’s OKAY to be you! Get to know other LGBTQ+ Youth and help make a difference!

Throughout the year, we marched in the Seattle Pride Parade, created a mural (below), which hangs in the entry way of KYFS and took part in meaningful conversations and events throughout the Kent community.

Mural made possible with the support of Susan from Artsy Fartsy and the city of Kent Arts Commission
Behavioral and Mental Health Services

PROFESSIONAL THERAPEUTIC SERVICES

Counseling Services
The Youth, Family & Co-Occurring Counseling program at KYFS provides counseling services for infants, toddlers, youth up to age 25 and families throughout Kent and surrounding communities.

Our program is dedicated to those seeking help by creating services that are compassionate, effective, efficient and culturally informed.

“We came to counseling, my son (who is 4) and I, a little more than a year ago because we were experiencing difficult things in our life, and it was hard for me to see my son struggling with nightmares and losing control, hitting others, pulling his hair, pinching himself, and crying without a reason. During our sessions, we were able to find a way to manage the big feelings and find a way to reduce the anxiety. It was very helpful for me, first of all, to understand what was going on; this way I could help him to go through those feelings and calm down. He became more successful in school and more comfortable with himself. We were able to finally sleep in separate rooms, there are no nightmares; he feels more secure now. We are able to talk things out better, difficult things, and he is not afraid to tell me something. He became more open.”

Early Learning

The Head Start and ECEAP preschool programs utilize the standardized Teaching Strategies GOLD Assessment by the teachers to document the children’s developmental skill levels, through observation-based assessments completed throughout the school year. The tool is used to assess the knowledge and skills the children gain in nine learning domains that are used to determine kindergarten readiness. The teachers analyze the observations formally three times a year to determine the skill level each child has mastered based upon the “widely held expectations” of kindergarten readiness for children of the same age/grade in the Fall, Winter, and Spring. To determine if a child has met the intended outcome, the Teaching Strategies GOLD system analyzes the data on each child across the domains. This assessment information is used by parents and teachers to set individual goals for each child with the daily activities planned to support each child’s continual development.

Participant Demographics

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<th>American Indian/Alaska Native</th>
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<th>Black/African American</th>
<th>Latino/Hispanic</th>
<th>Native Hawaiian/Pacific Islander</th>
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</tbody>
</table>

Outcome Results (Outcome #1) Met or Exceeded Expectations in all 9 domains:

Reflects 2017–18 school year data:

- # Participants measured for the outcome: 431
- # Participants who achieved the outcome: 328
- Target Success Rate (enter from scope of work): 72%
- Actual Success rate: 76%

Notes based off of last year:

- In 2018, there were 54,146 classroom contacts the children had with teachers during the 130-154 day school year (part- & full-day respectively) and over 3,200 case management sessions held with families.
- In 2018, we served 882 children, 64 were homeless, 514 were non- or limited English speaking and 76% met or exceeded expectations for Kindergarten Readiness in (Social-Emotional, Language, Physical, Cognitive, Language, and Literacy).

New This Year

The Department of Children, Youth & Families is requiring all ECEAP and Head Start preschool sites not run by a school district to become licensed. Therefore, during the summer we completed the steps to license the five sites that were not previously required to hold a Washington State Child Care License.
CSEC Case Management

COMMERCIALY SEXUALLY EXPLOITED CHILDREN

Why we do what we do
“It was the very last official working day of 2018. On December 28th I received word that a missing child was in downtown Auburn, location unknown. This individual was a confirmed trafficking victim beginning at 12 and often missing from foster care for months at a time. One of the biological parents of this child lived out of state and was granted custody in mid-December. Because the parent flew in from out of state, I had a 6 hour window to locate the missing youth so that they could fly home with their parent. After locating the youth, we were able to reunite with the parent and they flew home. This young person had been in foster care for over two years and rarely was safely housed. Since then, they have enrolled in school, counseling, and are moving forward a day at a time.”

Homelessness Prevention

PROGRESSIVE CASE MANAGEMENT

How does this impact our community?
This is one of the first programs in South King County that offers services to families on the brink of homelessness. We provide progressive case management tailored to each client based on the needs and goals they identify. In 2018, $70,373 went towards keeping families in their homes. $11,288 was donated to support homelessness prevention by the Kent City Employee Giving Drive.

Substance Abuse Counseling

TREATMENT PHILOSOPHY
Kent Youth & Family Services’ Substance Abuse Treatment Programs believe abstinence is an essential part of all Substance Abuse Treatment. However, treatment is not complete by a youth only demonstrating this ability. They are also required to make changes in their life, typically in areas that have been negatively impacted by their substance use. This includes: improving relationships, improving academic performance, avoiding illegal activity, and building a peer-group supportive of abstinence and pro-social behaviors.

Your dollars at work...2018 accomplishments
In our Substance Use Outpatient Program we’ve expanded the number of staff trained in evidence-based practices such as 7-challenges (a group evidence-based program), and in the number of staff certified in the full GAIN–I Evidence-based assessment tool.

Substance Abuse
Counselors provide services to youth ages 12–19 in a variety of settings. The program includes school-based assessment, counseling, and prevention/early intervention services as well as a full outpatient treatment program. We work closely with King County Juvenile Superior Court including Drug Court, Community Diversion Boards, all local area schools—especially the Kent School District, Kent Police Department, Kent Drug Free Coalition, and the Youth LINC Gang Prevention Coalition.

89% of participants in our SUBSTANCE ABUSE PROGRAM complete the program, compared to a STATEWIDE AVERAGE of 56.2%
After School Program

This year the KYFS After School program continued to provide caring adult role models and a safe place for youth to engage in academic, enrichment, physical, and social skill activities. Hopefully the impact of these activities will make a true difference in the lives of children, and families within Kent.

This year’s highlights include:

• FEED (Fortifying Education Enrichment & Development) program successfully finished the first year of programming thanks to funding from Best Starts For Kids. Program draws together partnerships between SMYFC (Somali Youth & Family Club), CRB (Coalition for Refugees from Burma), YMCA (Young Men’s Christian Association), and KYFS. Programs theme is to create environments where everyone has equitable opportunities to be safe and healthy as they progress through childhood, building academic and life skills to be thriving members of communities
• First successful year of KYFS Athletic Club, thanks to funding from King County Parks. This allowed for the following programs to be sustained for the 2018 season. AAU boy’s basketball, youth coed flag football, and continuing daily recreational program activities. This program allowed for a new used van for transporting youth to all games and events. Youth got to take advantage of travels to Spokane and Centralia for basketball tournaments. Youth basketball team also got to enjoy a week long camping trip to Camp Orkila on Orcas Island
• Summer reading program helps eliminate summer reading loss, average reading growth per grade group was:
  - 1st–3rd: .11 years; 4th–6th: .1 years; 1st–6th: .12 years
• Partnership with YMCA continues to grow with a plethora of activities that include academic, Life Skills, Enrichment, and Physical Fitness for teens
• 5 youth given the opportunity to gain key job skills through youth employment programs
• 1438 youth served with 28,000+ visits actively participating in programs promoting recreational, academic, social and life skill opportunities
• 20 family events centered around (parent involvement, literacy, academics, cultural diversity, health and well-being)
• Annual back to school party gave away over 150 backpacks and school supplies

57 families RECEIVED SERVICES

OVER 3000 HOURS OF COMPUTER LAB TIME

5187 SUMMER LUNCHES served thanks to KSD partnership

OVER 1500 HOURS OF TUTORING & HOMEWORK HELP

The average attendance for 1ST–6TH GRADERS WAS 24/27 DAYS!

HomeStreet Bank DONATED 200 LAPTOPS FOR PARTICIPANTS AND STAFF

98% success rate of KINDERGARTEN ACADEMY PARTICIPANTS

COUNTLESS MORE WERE REFERRED to programs that could better serve them.
Financials

EXPENSES
- Early Learning: 38%
- Behavioral Health: 21%
- Community Based: 16%
- Donated Services: 14%
- Contributions: 8%
- Administration: 9%
- Development: 2%

TOTAL: $6,414,858

REVENUE
- Government Agencies: 74%
- Donated Goods & Services: 14%
- Contributions: 8%
- Annual Event: 1%
- Program Fees: 2%
- Other Revenue: 1%

TOTAL: $6,310,990

Our Team

MIKE HEINISCH, Executive Director
LAURIE PETERSON, Watson Manor
THERESA LARONDE, Early Learning
CYOON MCBRIDE, After School

PAULA FREDERICK, Behavioral Health
HEIDI CAREY, Human Resources
TAMARA SARROZA, Accounting
CARINA RADDATZ, Development & Community Relations

Our Board

PRESIDENT: Brandy Reed
Kaiser Permanente Kent Clinic, Medical Center Manager

1st VICE PRESIDENT: Lesley Hogan
Renton Technical College, Executive Director Human Resources

2nd VICE PRESIDENT: Rona Popp
Kent School District, Student & Family Support Services, Director of Categorical Programs

TREASURER: Hira Singh Bhullar
Starbucks Coffee Company, Senior Software Developer

SECRETARY: Cynthia Boyd
Kent Station, Marketing Manager

PAST PRESIDENT: John “David” Huhs
Laurel Law Group, PLLC

44% of current board memberships are persons of color and/or cultural diversity. One member is a high school student; with seven females and seven males.

At-Large Members

Anil Abraham
Puget Sound Homes LLC, Managing Member

Jane Prestbye
Kent Lutheran Church, Pastor

Rafael Padilla
Kent Police Department Chief

Israel Vela
Kent School District, Chief School Operations & Academic Support Officer

Vicki Foege
HomeStreet Bank, Community Relations Manager

Michael Mathews
Banner Bank - Kent Branch, Vice President/Branch Manager

Sadie Nguyen
Kent Meridian High School Student

Shukri Olow
King County Dept. of Community & Human Services, Project Manager, Best Starts of Kids

Sam Chalfant
Curran Law Firm

Honorary Members

Julia Patterson
King County Council Member, Retired 5th District

Theresa Ahern
Curran Law Firm, Partner Attorney

Margaret Whitney
Kent School District, Retired

Linda Cattey
Community Volunteer

Brenda Fincher
Holy Spirit Church

Pat Sullivan
Washington State Legislature, 47th District Representative

Steve Strachan
Bremerton Chief of Police

Volunteers:
We would like to send a heartfelt thank you to all of our volunteers in 2018. We truly could not do what we do without you.
Supporters

Arthur & Kimberly Fitzpatrick
Derek Dykman
Kenna Duckworth
Kyra Doubek
Vlachos Darivanh
C David Dalconton
Cheryl Dalconton
Alici Faust
Lori Faust
Lesley Hogan & Ed Lesnick
Jeff Loa
Stacey Long Collins
Kim Loop
Mary & Brooks Loop
Patterson Lorraine
Jordan Louie
Galen Doud
Bryn Madsen
Linda Martinez
Mike & Sandra Mathews
Cyoon McBride
David McRae
Steven Meyers
Marilla Mhono
Eduardo & Christina Millan
Patrick & Pam Miller
Susan Mitchell
David Moerdyk
Bette Moyer
Jon & Cinnamon Naegle
Kimberly Niang
Bill & Carolyn Nirk
Dana Nuits
Shukri Owow
Erik Olsen
Tina Orwell
Ron Ovadeno
Raymond Padilla
Craig & Sharon Parrish
Lorraine Patters
Brandi Reed & Paul Paulson
Javier Perez
Annette Perry
Catherine Peterson
Laurie Peterson
Nathan Phillips
Jane Prestby
Carina & Samuel Raddatz
Dana & Shawn Ralph
Kelley Ramsayer
Sally Reber
Norman Reed
Vernon Paul Reed
Sabin Richter
Shelia Rios
Phillip & Liane Rizzo
Alka Sareen
Tamara Sarroza
Mark Scarff
Marilyn Schafer-Jennings
Elizabeth Scharnhorst
Mary Ann & Ted Schwarz
Dave Seidel
Joe & Vivian Shannon
Mark Sheppard
Anne Shindoh
Diane Short
Jaswinder Singh
Hira Singh Bhullar
Barbara Smith
Debra & Wayne Snoey
Jordan & Christine Stair
Jon & Angela Stave
Amber Stewart
Linda Stockham
Steve Strachan
Brian & Marie Stroh
Alan Sutliff
Frederick Swanson
Alex Szabo
Bernadette Thormahlen
Anne Timlick
Brett & Toni Trounser
Tara Vagen
Benny Vasquez
Sarah Veele
Israel Vela
Maya Vengadasalam
Mark Vermilion
Jordan Wagner
Cathy Wahlin
Gurpinder Walia
Piyush Walia
Andy Wangstad
Kim Waterstraat
Calvin Watts
Debra Wegner
Sandra Westman
Peggy Wheeler
Laurence White
Patricia White
Deshawn Williams
Holly Woo
Judith Woods
Margaret Yates
Im Y Md
Kate Moyer Heinisch & Kurt Young
Jinja Yutzy
Elizabeth Zamora
Mario Zink

INDIVIDUALS

Anil & Annie Abraham
Debra & Matthias Auer
Vicki & Tom Foegh
Pat Fredel
Paula Frederick
Jacqueline Garcia-Fauer
Josh & Heather Gerstman
Christine Gippe
Jeremy Glassy
Eric Goar
Matthew Godwin
Allan & Carmen Goers
Francisco Gonzalez
Judy Graf
Allyson Gregersen
David Greigire
Michael & Terri Grennier
Leanne Guier
Kathy Hadders
Greg & Debbie Hafer
Will Haggerty
Don Hainline
Karen Hansen
Merina Hanson
Randi Heath
Louanne Heinisch
Michael & Gail Heinisch
Axel Henning
Jill Herrick
Dennis & Karyn Higgins
Carol Hinman
Robert & Cindie Hollis
Chad Hornder
Charles Combs
Steven Huffer
Kay Cook
Kaysa & David Huhs
Bobbie Jo Hunter
Clark & Marilyn Jennings
Paul Corigliano
Frank Crosswhite
David Dalconton
C David Dalconton
Laurie Jones
Satwinder Kaur
Janet Decaro
Alice Degen
Renni Dedeck
Kenna Duckworth
Todd Durham
Derek Dykman
Marvin Eckhardt
Jay Faggins
Joe & Stafanie Fain
Brenda Fincher
Arthur & Kimberly Fitzpatrick
Terry & Marli Larimer

ORGANIZATIONS

AA Class
AAAPest Control
Advanced Billing Solutions
Agave Cocina & Cantina
Alaska Airlines Admin Group
Amazon Smile
AMC Theater
Amerigroup Corporation
Anthem Blue Cross
Arthur J. Gallagher
Banner Bank
Banyan Tree
Bath & Body Works Kent Station
BECCU Neighborhood Financial Center
Employees Community Fund of Boeing Puget Sound
Bowen Scarborough
Brentley Janson Yost & Ellison
Catalyst Travel
CFD General Fund
Chipotle Mexican Grill
City of Covington
City of Federal Way
City of Kent
City of Seattle
Clear Risk Solutions
Coldwell Banker Bain
Combined Charities of Seattle
Communities In Schools
Communities In Schools of Kent
Curran Family Foundation
Curran Law Firm
Curran Family Fund
DA Davidson
Denali Alaskan Federal Credit Union
Evolution Innovations, Inc.
Fidelity Charitable Donor Advised Fund
Fireside Home Solutions
Fred Meyer Community Awards
Garneau-Nicon Family Foundation
Give with Liberty Employee Donations
Green River College
Green River College Foundation
Henderson
Hilde Purtscheller Endowment Fund
HomeStreet Bank
Kaiser Permanente
Cooperative Foundation
Kattwalk Salon
Kent Arts commission
Kent City Employee Giving Drive
Kent Community Foundation
Kent Downtown Partnership
Kent Holy Spirit Church
Kent Lutheran Church
Kent Police Department
Kent Reporter
Kent Rotary Club
Kent School District
Kent Station
Kent Sunrise Rotary
King County Employee Giving
King County Library
King County Housing Authority
KIRO-Bonneville Radio
Kiwanis Club of Covington
Kiwanis Club of Kent
Kroger
Laird Norton Family Foundation
Laurel Law Group
Lowie’s
Lucky Seven Foundation
Maddock & Associates
Mama Stortini’s
MOD Pizza - Kent Station
Multi-Service Center
Non Profit Insurance Program
NP Information Systems
Pacific Northwest Engraving
Panther Lake Community Church
Park Orchard Elementary
Pete & Pat Curren Family Fund
Pinnacle Printing Foundation
Premera Blue Cross
Pro-Staff Mechanical Inc
Puget Sound Energy
Puget Sound Regional Fire Authority
Raven Commercial Real Estate
Red Nose Day Matching Gift
Red’s Wine Bar
Renton Technical College
Republic Services
Roland & Co., CPA, PS
Rotary Club of Kent
Rotary Club of Kent Sunrise
Foundation
SafeCo Insurance Foundation
School’s Out Washington
Seattle Foundation
Seattle Mariners
Seattle Seahawks
Seattle Shares
Seattle Times Fund for the Needy
Signature Landscape Services Inc
Smith Brothers Farm
Starbucks
Styrson’s Photography
Sweet Themes Bakery
Target - Kent
Tarragon Property Services, LLC
The Madison Team
The Ram Restaurant
The Seattle Times
Truist Payment
Unity Church Of Kent
Valley Cities Behavioral Health Care
Vanguard Foundation
YMCA

Thank you to those of you that have donated through online fundraisers, The One Thing Experience, and through employee giving. We appreciate your support and we cannot do our work without you! We apologize if your name is not represented above.

In memory of...

CHIEF ED CRAWFORD
Chief Crawford’s belief in youth extended throughout his law enforcement career beginning in 1964. When he arrived in Kent, in 1991, as Chief of Police, Ed’s belief in and commitment to youth directly contributed to the success of Kent Youth and Family Services throughout Ed’s 15 year KPD career. Ed served on the KYFS Board of Directors throughout his tenure in Kent. He was a two-time KYFS Board President. Ed spearheaded the community to launch Project Lighthouse, one of a number of lasting influences he had on KYFS and so many other SKY youth serving agencies and community efforts. Chief Edward Thomas Crawford passed away peacefully in his sleep on November 27, 2018. His life will always be very much alive at KYFS.